

RAJAB A'AMAAL - SELF ASSESSMENT FORM

ACT NO.	DAILY A'AMAAL (ACTIONS)	DAYS OF RAJAB MONTH																														POINTS
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
1	TIMES "LA ILAHA ILLALLAH"																															
2	AFTER EACH NAMAZ ("YA MAN ARJUHU...")	1																														
3	DO ISTIGHFAR 100 TIMES	1																														
4	RECITE 3 TIMES SURA-E-TAWHID	1																														
5	RECITE 35 TIMES SALAWAAT	1																														
6	EVERY NIGHT RECITE 2 RAKAT NAMAZ (TOTAL 60 RAKAT), SURA AL-HAMD, 3 x SURA KAFIRUN+1xSURA TAWHID IN EACH RAKAT	1																														
	TOTAL POINTS FOR DAILY ACTS																															/180

ACT No.	WEEKLY A'AMAAL (ACTIONS)	WEEK No.				POINTS
		1	2	3	4	
1	RECITE 100 TIMES SURAH TAWHID ON					
2	DUA-E-KUMAIL ON THURSDAY.					
3	ZIYARAT-E-WARITHA ON THURSDAY					
4	FAST EVERY MONDAY					
5	FAST EVERY THURSDAY					
	TOTAL POINTS FOR WEEKLY					/40

ACT No.	MONTHLY A'AMAAL (ACTIONS)	POINTS
1	FAST ON THE FIRST OF RAJAB	
2	RECITE ZIYARAT-E- WARITHA ON 1ST NIGHT AND DAY OF RAJAB	2.5
3	FAST ON THE FIRST THURSDAY OF RAJAB	
4	PERFORM A'AMAAL OF LAYLATUL RAGHAIB ON FIRST THURSDAY NIGHT	
5	FAST ON 13TH, 14TH AND 15TH DAY OF RAJAB	
6	RECITE ZIYARAT-E- WARITHA ON 15TH NIGHT AND DAY OF RAJAB	
7	FAST ON 27TH OF RAJAB (MAB'ATH & ME'RAJ DAY)	
8	PERFORM GHUSL ON 1ST, 15TH AND LAST NIGHTS (OR DAYS) OF RAJAB	
9	FAST ON THE LAST DAY OF RAJAB	
10	RECITE NAMAAZ-E-SHAB AS MUCH AS POSSIBLE (MINIMUM 5 TIMES)	
	TOTAL POINTS FOR MONTHLY ACTS	/50

ONE POINT FOR EACH DAILY ACT
TWO POINTS FOR EACH WEEKLY ACT
FIVE POINTS FOR EACH MONTHLY ACT

TOTAL POINTS ACHIEVED:
_____/270